



# OLD COLONY ELDER SERVICES (OCES)

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 www.ocesma.org

*ASAP Service Area – Abington, Avon, Bridgewater, Brockton, Carver, Duxbury, East Bridgewater, Easton, Halifax, Hanover, Hanson, Kingston, Lakeville, Marshfield, Middleboro, Pembroke, Plymouth, Plympton, Rockland, Stoughton, Wareham, West Bridgewater, Whitman; Volunteer/AFC/PCA Service Area – greater Plymouth County*

Call Mon-Fri 9am–5pm 508-584-1561 for more information about OCES’ programs and services

## PROGRAMS & SERVICES

Program/Department	Eligibility	Services Available
Adult Family Care (AFC)  Part of OCES’ Community Living Programs Department	<ul style="list-style-type: none"> <li>• Age 16+</li> <li>• Require daily cueing, supervision and/or physical assistance</li> <li>• Enrolled in MassHealth Standard, CommonHealth, SCO, OCP or Private-pay</li> </ul>	<ul style="list-style-type: none"> <li>➤ Identify or be matched with primary and alternate caregivers in community (can be family member but not spouse or legal guardian)</li> <li>➤ Companionship</li> <li>➤ Individualized Care Plan</li> <li>➤ Ongoing Support from AFC Team</li> </ul>
Congregate Housing	<ul style="list-style-type: none"> <li>• Age 60+ or individuals with a permanent disability in need of housing</li> </ul>	<ul style="list-style-type: none"> <li>➤ Services determined by care plan</li> <li>➤ On-going support from Congregate Housing Coordinator</li> </ul>
Emergency Assistance	<ul style="list-style-type: none"> <li>• Age 60+ or has disability</li> <li>• Economic need</li> <li>• Crisis or emergency situation</li> <li>• Short term assistance</li> </ul>	<ul style="list-style-type: none"> <li>➤ Fuel assistance</li> <li>➤ Minor home repair</li> <li>➤ Utility bills</li> <li>➤ Shelter, rent, food</li> <li>➤ Medical Transportation</li> <li>➤ Emergency medication needs</li> </ul>
Family Caregiver Support	<ul style="list-style-type: none"> <li>• Caring for someone age 60+</li> <li>• Grandparent/relative 55+ caring for a person up to 18 years of age (ages 19-59 with disability)</li> <li>• Family caregivers of adults (any age) with Alzheimer’s disease</li> <li>• No income limits</li> </ul>	<ul style="list-style-type: none"> <li>➤ In-home assessment</li> <li>➤ Information and Referral</li> <li>➤ Education, Training and Support</li> </ul>
Home Care - Care Management  (includes State Home Care, ECOP and Choices) State Funded/Sliding Fee  Respite State Funded/Sliding Fee	<ul style="list-style-type: none"> <li>• Age 60+ (under 60 with a diagnosis of Alzheimer’s disease)</li> <li>• Income</li> <li>• Need (based on limitations)</li> </ul> <ul style="list-style-type: none"> <li>• Same as Home Care above plus unpaid caregiver in place</li> </ul>	<ul style="list-style-type: none"> <li>➤ Care Management</li> <li>➤ Homemaker</li> <li>➤ Food Shopping</li> <li>➤ Supportive Day Care</li> <li>➤ Adult Day Health</li> <li>➤ PC, HHA, SHCA</li> <li>➤ Laundry</li> <li>➤ Home Delivered Meals</li> <li>➤ Companion</li> <li>➤ Dementia Support</li> </ul> <ul style="list-style-type: none"> <li>➤ Consumer-directed service delivery option</li> <li>➤ In-home and community-based support services</li> </ul>
Home Care – Nursing Services  Clinical Assessment & Eligibility (CAE) and Comprehensive Services and Screening Model (CSSM)	<ul style="list-style-type: none"> <li>• Age 22+</li> <li>• Eligible or applicant for MassHealth</li> </ul> <ul style="list-style-type: none"> <li>• Age 18+ with disability or age 65+ living in a long-term care facility for at least 90 days</li> <li>• Enrolled in MassHealth Standard or CommonHealth</li> </ul>	<ul style="list-style-type: none"> <li>➤ Clinical eligibility determinations for various MassHealth community services such as ADH, and for nursing facility placements</li> <li>➤ Transition Support Services for those wishing to move from institutional to community setting</li> <li>➤ Care coordination and assistance obtaining long-term services and supports (LTSS) for community living</li> </ul>

<b>Program/Department</b>	<b>Eligibility</b>	<b>Services Available</b>
Healthy Living	<ul style="list-style-type: none"> <li>• Available to everyone; no age, income or asset limitations</li> </ul>	<ul style="list-style-type: none"> <li>➤ Participant and Leader Training</li> <li>➤ Access to Southeast Coalition, Healthy Living Center of Excellence</li> </ul>
Information & Referral Consumer Benefits Assistance Aging & Disability Resources [member ADRC of Southeastern & Southern MA (ADRC SE SM)]	<ul style="list-style-type: none"> <li>• Available to everyone; no age, income or asset limitations</li> </ul>	<ul style="list-style-type: none"> <li>➤ Information about community resources for elders and people living with disabilities</li> <li>➤ Eligibility information and verification for State &amp; Federal assistance programs</li> <li>➤ Referrals to appropriate services and programs</li> <li>➤ Follow-up to ensure requests and needs are met</li> </ul>
Money Management	<ul style="list-style-type: none"> <li>• Age 60+ (under 60 with a disability)</li> <li>• Income</li> </ul>	<ul style="list-style-type: none"> <li>➤ Trained, supervised volunteers authorized to help with budgeting and bill paying</li> </ul>
Nutrition	<ul style="list-style-type: none"> <li>• Age 60+</li> <li>• Homebound or unable to prepare meals</li> </ul>	<ul style="list-style-type: none"> <li>➤ Home Delivered Meals</li> <li>➤ Community Dining (Congregate Meal) Sites</li> <li>➤ Nutrition Counseling</li> </ul>
One Care Plan (OCP)	<ul style="list-style-type: none"> <li>• Age 21-64</li> <li>• Permanent or chronic disability</li> <li>• Enrolled in MassHealth Standard or CommonHealth AND Medicare</li> <li>• Resides in OCP's service area</li> </ul>	<ul style="list-style-type: none"> <li>➤ Care Management</li> <li>➤ Homemaker</li> <li>➤ Food Shopping</li> <li>➤ Supportive Day Care</li> <li>➤ Adult Day Health</li> <li>➤ AFC</li> <li>➤ PC, HHA, SHCA</li> <li>➤ Laundry</li> <li>➤ Home Delivered Meals</li> <li>➤ Companion</li> <li>➤ Medical Transportation</li> <li>➤ PCM Skills Training</li> </ul>
Options Counseling (OC)	<ul style="list-style-type: none"> <li>• Age 60+ (under 60 with a disability); family members and caregivers needing individualized support with decision-making about community long-term services</li> </ul>	<ul style="list-style-type: none"> <li>➤ Short Term assistance with long term care planning</li> <li>➤ Consumer-directed decision support</li> </ul>
Personal Care Management (PCM) Part of OCES' Community Living Programs Department	<ul style="list-style-type: none"> <li>• Enrolled in MassHealth Standard or CommonHealth</li> <li>• Permanent or chronic disability</li> <li>• Need hands-on assistance w/2ADLS</li> </ul>	<ul style="list-style-type: none"> <li>➤ Skills Training</li> <li>➤ Education about Community Resources</li> <li>➤ In-Home Assessment</li> <li>➤ Ongoing monitoring of needs and services</li> </ul>
Private Care Coordination Sliding Fee	<ul style="list-style-type: none"> <li>• Age 60+</li> <li>• Not eligible for State Home Care</li> <li>• Frailty due to functional or emotional impairments</li> </ul>	<ul style="list-style-type: none"> <li>➤ In-home Assessments</li> <li>➤ Coordination of services</li> <li>➤ Ongoing monitoring of needs and services</li> </ul>
Protective Services	<ul style="list-style-type: none"> <li>• Age 60+</li> <li>• No income limits</li> <li>• Concerns regarding physical, emotional or sexual abuse, neglect, self neglect, and/or financial exploitation</li> </ul>	<ul style="list-style-type: none"> <li>➤ Investigations of alleged abuse and self neglect with client-directed follow up interventions</li> </ul> <p>To make a report, call Elder Abuse Hotline 1-800-922-2275 24 hours a day, 7 days a week</p>
Senior Care Options (SCO)	<ul style="list-style-type: none"> <li>• Age 65+</li> <li>• Enrolled in MassHealth Standard</li> <li>• Resides in SCO plan's service area</li> </ul>	<ul style="list-style-type: none"> <li>➤ Care Management</li> <li>➤ Homemaker</li> <li>➤ Food Shopping</li> <li>➤ Supportive Day Care</li> <li>➤ Adult Day Health</li> <li>➤ AFC</li> <li>➤ PC, HHA, SHCA</li> <li>➤ Laundry</li> <li>➤ Home Delivered Meals</li> <li>➤ Companion</li> <li>➤ Medical Transportation</li> <li>➤ PCM Skills Training</li> </ul>
Supportive Housing	<ul style="list-style-type: none"> <li>• Resident at certain housing sites in Brockton and Plymouth (other options available in other towns)</li> </ul>	<ul style="list-style-type: none"> <li>➤ 24/7 worker availability at some sites</li> <li>➤ Friendly visitor and safety checks</li> <li>➤ Resources, and Information Specialists</li> </ul>
Veterans Independence Plus/ Veteran-Directed Home and Community-Based Services	<ul style="list-style-type: none"> <li>• Veteran of any age at risk of Nursing Facility admission</li> <li>• Enrolled at Bedford or Boston VA Medical Center</li> <li>• Eligible for VA services</li> <li>• VAMC referral approved</li> </ul>	<ul style="list-style-type: none"> <li>➤ Personalized, flexible care planning</li> <li>➤ Access to home and community based support services and other goods</li> <li>➤ Consumer directed service delivery</li> </ul>
Volunteer Programs	<ul style="list-style-type: none"> <li>• All ages for non-RSVP</li> <li>• Age 55+ RSVP of Plymouth County</li> </ul>	<ul style="list-style-type: none"> <li>➤ Matching volunteers to opportunities of their choice</li> </ul>