

The ADRCE and SMADRC ensure that there is *No Wrong Door* when an elder or person with a disability contacts any one of our six agencies for assistance or information about services.

**ADRCE/SMADRC  
Member Agencies**

**Bristol Elder Services**  
1 Father DeValles Blvd. #8  
Fall River, MA 02723  
[www.bristolelder.org](http://www.bristolelder.org)

**Coastline Elderly Services**  
1624 Purchase Street  
New Bedford, MA 02740  
[www.coastlineelderly.org](http://www.coastlineelderly.org)

**Independence Associates  
Center for Independent Living**  
141 Main Street  
Brockton, MA 02301  
[www.iacil.org](http://www.iacil.org)

**Old Colony Elder Services**  
144 Main Street  
Brockton, MA 02301  
[www.oldcolonyelderservices.org](http://www.oldcolonyelderservices.org)

**Southeast Center for  
Independent Living**  
66 Troy Street  
Fall River, MA 02720  
[www.secil.org](http://www.secil.org)

**South Shore Elder Services**  
1515 Washington Street  
Braintree, MA 02184  
[www.sselder.org](http://www.sselder.org)

In association with the Boston Center for  
Independent Living (BCIL)



**Old Colony Elder Services**

Providing services to the community since 1974

**144 Main Street  
Brockton, MA 02301**



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Providing services to the community since 1974

***OPTIONS  
COUNSELING***

***Assistance with  
planning for***

**508-584-1561  
[www.oldcolonyelderservices.org](http://www.oldcolonyelderservices.org)**

**144 Main Street  
Brockton, MA 02301**

## What are the ADRCSE & SMADRC?

**The Aging and Disability Resource Consortium of Southeastern MA (ADRCSE) and the Southern MA Aging and Disability Resource Consortium (SMADRC)** are partnerships between elder service agencies and independent living centers. We serve people 60 years of age or older and people with disabilities of any age and work together to connect you with services and supports to help you live independently in the community.

**Options Counseling is a FREE** service funded by the Commonwealth of Massachusetts Executive Office of Elder Affairs with the Massachusetts Rehabilitation Commission and offered through the ADRCSE and SMADRC.

It is our goal to present you with the information you need so you can make informed decisions about your care and where you receive it.

## Develop your own plan

An Options Counselor can help you develop your own personal long-term care plan and connect you to resources, services and supports that may help you remain in the community.

### Whether you are:

- ⇒ In a nursing home
- ⇒ In the hospital
- ⇒ In a rehabilitation facility
- ⇒ In a community setting
- ⇒ Or in your own home

### An Options Counselor can guide you through your questions about living in the community:

- ⇒ Can I live in the community safely and independently?
- ⇒ What services and supports are available for me in my home?
- ⇒ Can I go to a rehabilitation facility or nursing home temporarily and then return to my home?
- ⇒ What services, assistive devices, or home modifications are available to support me in my home?
- ⇒ Will my insurance cover the costs, and if not, what funding may be available for services and

## Who do we serve?

### Who do we serve?

- ⇒ Seniors age 60 and over
- ⇒ Persons of any age who have a disability
- ⇒ Family members and caregivers

### Examples of the types of services an Options Counselor can provide:

- ⇒ Unbiased information about long-term services and supports
- ⇒ Information about resources as needed
- ⇒ Information about funding available to pay for the services
- ⇒ Referrals to experts in the field of a particular disability
- ⇒ A consumer-driven approach that ensures that your choices are respected
- ⇒ Follow-up and help with planning next steps
- ⇒ Counseling when and where you

*Please contact our Options Counselors for more information or to make an appointment. They can visit you in your own home, meet with you in the hospital, nursing home or rehabilitation facility.*